

Summer Spa Treatments

Who doesn't love summer? The weather is great; there are vacations to plan, and many days to look forward to simply lounging poolside, soaking in the sun.

Summer is definitely a time for enjoyment and indulgence. It is also a time to pay careful attention to the condition of your skin. The summer sun can be harsh. It is important to remember to use sun block whenever you are outside, not just when you're swimming. We all perspire more profusely in the summer. All that sun block and extra perspiration can lead to clogged pores. The higher temperatures and drier air can pull moisture from your skin at a cellular level. When you're making your vacations plans this summer, be sure to include a little time to replenish your skin. Deep cleansing and hydration are particularly important.



Constellation Spa offers a perfect combination to keep your skin in good condition during the summer months: the Nourishing Body Treatment and the Venus and Mars Facial.

Our Nourishing Body Treatment exfoliates, hydrates and nourishes your entire body. Exfoliation prepares the skin to receive the deep hydration and nourishment it needs to keep your skin revitalized, silky smooth, and radiant all summer. The deep cleansing, steam and extractions provided with our Venus & Mars facial will unclog pores and leave your face fresh and clean. A shoulder and facial massage makes this treatment a perfect antidote for those busy summer schedules.

So give yourself a break this summer. Relax in the cool, quiet comfort of Constellation Spa and indulge in some necessary pampering. Phone 1-760-373-0044 and make a reservation today.